

**ARLENE'S HEALTHY HEELS & MORE INC.**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

WORK/BUS. PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

EMERGENCY CONTACT NAME AND NUMBER: \_\_\_\_\_

**Medical Information:**

FAMILY DOCTOR: \_\_\_\_\_

Are you diabetic? YES \_\_\_\_ NO \_\_\_\_ If yes, are you on MEDICATION \_\_\_\_ or INSULIN \_\_\_\_

Are you on any blood thinners? Yes \_\_\_\_ No \_\_\_\_ If yes, for what reason: \_\_\_\_\_

\_\_\_\_\_

Do you have any allergies? Yes \_\_\_\_ NO \_\_\_\_ If yes, specify: \_\_\_\_\_

\_\_\_\_\_

Do you have any history of surgeries? Yes \_\_\_\_ No \_\_\_\_

Please list: \_\_\_\_\_

Have you suffered any fractures (broken bones)? Yes \_\_\_\_ No \_\_\_\_

If so, where? \_\_\_\_\_

Do you have any medical conditions? Please circle all that apply:

Diabetes, Heart Disease, High Blood Pressure, Circulation problems, Stoke, TIA,

History of Ulcerations, Autoimmune diseases, Arthritis, Hepatitis, Skin Cancers or other Cancers,

Venous or Arterial Disease

**Please list all current medications below:**

---

---

---

---

**Additional Information:**

**Who were you referred by? Family Doctor** \_\_\_\_\_ **Other:** \_\_\_\_\_

**Do you have extended health insurance? Yes** \_\_\_\_\_ **No** \_\_\_\_\_ **If so, what company?** \_\_\_\_\_

**What is your job title? (Prior to retirement):** \_\_\_\_\_

**What are your foot concerns today?** \_\_\_\_\_

**Have you ever had your feet done by a health care professional? Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**If yes, please circle: Podiatrist    Chiropodist    Foot Nurse**

**What is your shoe size?** \_\_\_\_\_ **Do you presently wear orthotics?** \_\_\_\_\_

**Do you examine your own feet each day?** \_\_\_\_\_

**Are you able to see the areas under each baby toe on both feet?** \_\_\_\_\_

**Do you check the inside of your shoes daily?** \_\_\_\_\_

**Do you wear compression stockings?** \_\_\_\_\_

**Nurses notes:** \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---